

Factors Affecting the Development and Formation of Adolescent Personality

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ABSTRACT

the article talks about the use of national values and traditions in the development of adolescents as individuals, and the fact that parents and educators should approach taking into account the physiological and psychological changes in the development of adolescents.

It is one of the most important tasks for us to educate young people with high spirituality, modern knowledge and professions, and independent thinking in the spirit of national and universal values. In this regard, we rely on our centuries-old national traditions and the rich spiritual heritage of our ancestors.

We are mobilizing all the strength and capabilities of our state and society so that our young people can be independent thinkers, have high intellectual and spiritual potential, become people who are not inferior to their peers in any field in the world, and become happy [1].

Resolution No. 1059 of the Cabinet of Ministers of the Republic of Uzbekistan dated December 31, 2019: In the concept of continuous spiritual education, the concept of continuous spiritual education is to educate young people who think independently and have their own personal position, to form moral, political outlook and religious beliefs in adolescents, in the column "Continuous spiritual education" it is determined that it is necessary to create a set of textbooks, literature, media products, scientific-methodical manuals for mothers, pedagogues, children and teenagers, and to solve other issues.

It should be noted separately that if every person in the society has enough information about his/her capabilities, achievements, and shortcomings in a certain area, it will help them to easily overcome any inadequacies encountered in life, to use their capabilities more widely, in a word, to have a deeper understanding of themselves. , creates ample opportunities for the formation of imaginations that have a positive and unique social value. Adolescence is an important stage for further expansion of the scope of the same opportunities. Therefore, young people and their educational opportunities are becoming more and more important in our country.

The purpose of the subject: to educate teenagers in the spirit of national values and traditions, to

teach them the heritage of their ancestors and to improve them as individuals by increasing their social activity.

Several aspects should be taken into account in the development of adolescents as individuals:

- ✓ emergence of internal posittsya typical of adolescence;
- ✓ manifestation of voluntary qualities in teenagers;
- ✓ the formation of a personal value system that determines the content of activity and communication;
- ✓ social activity, the desire to know and the development of self-expression motives;
- ✓ manifestation of respect for national values and traditions;
- ✓ increased attention to inner feelings and the desire to solve one's problems independently;
- ✓ manifestation of knowledge and skills on the culture of safe life.

Educational activity is one of the main factors in preparing teenagers for social life, in making them grow up as worthy members of society.

In the process of working with teenage children, it is important that the team of parents and pedagogues work together, inculcate our national values, form patriotic feelings, and expand their worldview.

Worldview is important for human activities and interactions. Worldview is one of the important characteristics of human personality. It is a generalized system of certain views, beliefs and ideals[2].

Abu Nasir Farabi said that people's worldview is as different as their appearance, and this quality is directly related to their knowledge, lifestyle, and living environment. In-depth analysis of reforms carried out in society, open discussion with young people, joint search for answers to the questions they are doubting, is an important part of the educational process and has a strong influence on the formation of the students' worldview.

Patriotism is the moral basis of the life of every state and is the most important mobilizing force for the comprehensive development of society.

Different from a child of junior school age, a teenager's motives for studying are not only to acquire a knowledge system, to hear the teacher's praise and to increase "5" grades, but to occupy a certain positive position among peers, to become a good person in the future [3].

Often, a teenager overestimates his capabilities, while others distrust his strength, will and potential. But even so, through his actions, he strives to achieve at least the recognition of his peers, and communication with them becomes the meaning of his life. If a teenager is rejected by his peers during this period, he may view it as a huge tragedy, skip school, or even commit suicide. In order to prevent such situations, it is important to form "Protective Mechanisms" in them. 1-жадвал

"Defense Mechanisms" in the Development of Adolescent Personality

Protection Mechanisms	Content
Aggression	A reaction to a person who underestimates the teenager's personality and activities, causing doubts about his self-image
Thinking	Unpleasant emotion, the transfer of feelings from one object to another object that does not meet the demand
Conversion (change)	Maintains a high level of "I" and makes fun of unpleasant situations and situations, and accepts reprimands as a joke.



Idealization	"Idealizing" oneself is not admitting one's mistakes and shortcomings
Forgetting	Not having various unpleasant situations (names, images of people, disagreements during communication)
Identification	Comparing oneself to other people and to a group with exemplary behavior.

The school is the central link of the state continuous education system. It is at this stage that students acquire the basis of knowledge, creative ability, independent thinking, ideas about the Motherland, society, personality, and ethics are formed and improved[4].

Eastern thinkers have also described the formation of children as individuals in their scientific sources. Ibn Sina said that raising a child is the main duty of the family and parents. The most important tools in moral education are to have a one-on-one conversation without touching the child's personality, to advise him.

Conclusion: instead, it should be noted that educational activity is the main factor in the development of a teenager's personality. In the process of working with teenagers, it is desirable for parents and teachers to have knowledge about the characteristics of this period, various physiological processes in their bodies, and to inculcate in them national values and traditions.

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