

## Current Day in Uzbekistan of the Swimming Sport Progressive Reach

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### ABSTRACT

*This in the article swimming of the sport place and duties, r now in the day in Uzbekistan of the swimming sport progressive reach stages about thought is conducted.*

### Introduction

Today's in the day in Uzbekistan swimming mass sport \_ being remains in this sport \_ interested young people rank more and more increased is going in Uzbekistan one how much successful swimmers growing up came out , including Olympia games prize winner Rustam Ospanov and the world championship prize winner Daria Talanova .

Last in years Uzbekistan swimming federation by from Uzbekistan swimmers in the middle active participation reach and skill level increase in order to swimming according to competitions and training gatherings organize reach continue is doing Also, the federation young people in the middle sports popularization in Uzbekistan to swim mass sport \_ as development encourage also work on take goes.[1,2,16,17,18,19]

From this except Uzbekistan \_ government whole country across new swimming facilities to build, including in Tashkent in 2017 a new 50- meter Olympia sized swimming basin to open investment entered \_ This is new structures Uzbek swimmers for training and competitions for more opportunities creates \_

In general, in Uzbekistan \_ to swim development years during certain to difficulties face came although the sport is in the country physical education and rest \_ important part being remains and his growth and development support regarding effort continue is

doing. [20,21,22,23]

Last to information according to Uzbekistan swimming sports according to successes continue is making in 2016 in Rio de Janeiro being past Summer Olympics in their games from Uzbekistan floating Nurislam Sanayev men 100 meters between free method swimming according to new country record installed. From this except our country modern water facilities, including in the city of Tashkent new built, Olympic in size swimming basin own into received " Humo "Arena». to develop investment entering. [3,4,13,14,15]

Uzbekistan swimming federation swimming sports whole country across promote from Uzbekistan \_ of swimmers participation encourage and skills increase in order to competitions, training gatherings and another events organize in reaching continue is doing Federation in Uzbekistan swimming sports more development in order to FINA (International swimming federation) and Olympia committee such as international organizations cooperation with \_ does

Swimming today's both physical and competitive \_ aspects with in Uzbekistan important sport \_ being remains \_ This is har how age and capable people ideal exercise for shape as is considered and it usually is in school's physical education programs one part as is taught. Swimming basins and another structures whole country across wide spread out and each year many local and national competitions will be held [ 5,6]

From this except in Uzbekistan years during one how much successful swimmers growing up turned out, they between Olympia games prize winners and the world there are also champions. These are successes sports prestige in our country increase and of swimmers new generation to encourage service did \_ The government also sports and physical education recognizes its importance and in Uzbekistan swimming and other sports \_ to develop investment in input continue. [7,8,9,10,11,12]

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