

### Social Psychological Significance of Family Values in Human Life

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#### ANNOTATION

*The article discusses about the different effects of family rituals, values, customs and traditions on human psychology. Child upbringing in the family, honesty, friendship and mutual relations between relatives are mentioned in the article.*

Family values are qualities, characteristics, actions that all family members respect and emphasize and are a solid foundation for family relationships. Constant communication with loved ones, the feeling of confidence that people's close relatives are close to them, instills peace of mind in a person. A person can always count on their help and support in any life situation. In cases where even memories can be a source of inspiration, the factor of lack of solitude plays an important role. Together with their loved ones, it is easier to overcome any sadness, difficult life situation and not to make mistakes in the future. Relaxation together is a way to truly enjoy life.

Advantages of having family values:

1. A constant opportunity to communicate with dear people. Happiness for a person is the opportunity to meet relatives, in front of whom you can relax, it should really look like this. In today's world, the ability to feel free and easy is highly valued.
2. Formation of a new cell of society. The experience of previous generations will be useful in creating your family. It is not necessary to completely copy the behavior model of parents or other relatives, but the main aspects of a happy harmonious life should be accepted.
3. Scheduled vacations. A person believes that he will not be alone during the general celebration. There are wonderful traditions of spending the New Year with your family, celebrating religious holidays and spending free time together.

4. Common hobbies. In many families it is customary to engage in weaving, farming and creativity. It can be a joint business or a simple way to spend time for yourself.
5. Material support. The custom of giving common expensive gifts for weddings, birthdays and other important events is a unique way of mutual support. It is also used in cases of accidents or force majeure.
6. Moral aspect. The presence of family values does not allow injustice or irreparable mistakes to close family members.

In modern schools, great attention is paid to family values, and additional lessons are conducted on this topic. This decision is due to the fact that not all children have the opportunity to see a good example at home. As a result of these actions, the child understands the benefits of traditions and tries to create them in the life of adults. What does family mean to each of us? This concept is with us from the first moments of life. The family is a unit of society that contributes to the formation of personality. It means joint work, sadness and joy, happy moments together. It is happiness, love and understanding. Family is the backbone of our life. Everyone is born and raised in a family, creates his own life. The family consists of individuals who are interconnected by kinship and passionate relationships, who build their present and future based on their values. Values are what is important in a person's life, giving special importance to it, positive meaning of life, importance, goodness and general usefulness. The family, as a social stage in the life of each of us, begins to develop children's consciousness, determination and emotions from a young age. Therefore, family values should be established from a very young age. For this, it is necessary to create a friendly environment for the child in the family, because the predominance of positive emotions brings people together, connected by blood chains, supports. Family and family values are the basis of every person's life. It is in the family that personal development begins, because values begin to inculcate the necessary skills for the harmonious development of a holistic nature. Family and values are forever intertwined and do not exist separately. If there is no family, then the family direction inevitably loses its importance. If we talk about the family values of each family, then it is different for everyone. Examples of these values help to show the importance of a single advantage and their combination. Father, mother and their "flowers of life" cannot live safely if their relationship is not filled with love and understanding. The best way to teach family values is through concrete and honest examples from parents themselves. After all, it is possible to show how to live in a family only with my own example. If love, sincerity, honesty, mutual understanding, harmony, trust, respect prevail in the cells of society where children grow up, these will be their main family values in the future. The family develops in the child ideas about decency, fairness, kindness, consideration, compassion, honesty and moral rules in society. If the family is connected with relations of friendship, love, mutual trust, then a person receives a huge positive energy for his moral development. Parents in healthy families give their children their own moral and ethical values (the pursuit of self-knowledge, creativity, self-improvement, and happiness) and thus instill in their children a socially acceptable or they form relevant value directions that allow them to move forward independently in the direction. An invisible spiritual connection appears between relatives and close people, which is felt from the first days of a person's birth. A child grows up in certain conditions, learns the tastes and habits of the people around him, and finds answers to questions that arise in the process of growing up. An invisible spiritual connection appears between relatives and close people, which is felt from the first days of a person's birth. A child grows up in certain conditions, learns the tastes and habits of the people around him, and finds answers to questions that arise in the process of growing up. He exists in a society that is understandable to him, and becomes a part of society with the same perception and attitude towards certain actions.

When entering into marriage, a person faces similar or radically opposite influences between another person and his relatives. As a result, customs, tastes, cultures are combined, and new

traditions are formed based on the experience of previous generations. In this way, family values appear, supplemented by the personal spiritual contribution of each cell of society. They are the foundation that holds the relationship of a certain number of people related to family ties. Thus, family values are one of the main parts of a harmonious and happy life. The basic system of national values is important not only in the field of education, but also for all life in our country.

It understands the Russian society, a person's attitude to the family, country, work, social and individual development is prioritized. That's why it's so important to preserve and preserve your family's customs and traditions. Knowing the birth history in his family arouses interest in the cultural and spiritual traditions of the Russian people and is the basis of patriotism.

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