

Essential Teaching Methods and their Usage in Learning English Language

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ABSTRACT

The article focuses on basic teaching methods that are actively used in learning English language. Teaching English is the process of helping individuals who do not speak English as their first language learn to speak, read, and write in English. Also, learning is a specialized field that requires a great deal of knowledge, experience, and methodology in teaching English. This article is also expresses the main definitions of teaching methods and their use in education. Teaching methods are the ways in which teachers use to teach English. There are many different types of teaching methods that are important for a teacher to find the right methodology for their students in order to help them learn.

Many scientists conducted psychological research on the problem of learning foreign languages, including K.D. Ushinsky, P.F. Kapterev, A.P. Nechaev, L.S. Vygotsky, K.N. Kornilov, N.D. Levitov, A.N. Leontiyev, S.L. Rubinshtein, D.N. Uznadze and other thinking scientists conducted scientific research. Currently, several works are being carried out in our country to further increase the effectiveness of teaching foreign languages, including the President of the Republic of Uzbekistan "On measures to bring the popularization of foreign language learning in the Republic of Uzbekistan to a qualitatively new level" Decision No. PQ-5117 of May 19, 2021 became important. Especially in foreign education, taking into account the specific features of teaching foreign languages and psychological approaches to them, as well as modern requirements, the necessary educational literature and teaching-methodical manuals are being developed in collaboration with experts. At the same time, the fact that foreign language teachers' pay attention to the psychological characteristics of foreign language students is a necessary condition for improving the quality and effectiveness of education. In order to improve the quality and effectiveness of foreign education, today teachers are required to perform several important tasks.

Teaching, like any other profession, is an artistic endeavor. It necessitates knowledge of its subjects, proper implementation methods, openness to new teaching approaches, and patience. It is critical to lay the groundwork for any language for it to flourish. Learning a new language, such as English, necessitates knowledge of grammar, sentence articulation, and proper word enunciation. It is equally important to maintain an environment suitable for boosting performance growth among the candidates. There are numerous English teaching methods available to lay a solid foundation for learning the language. However, various English teaching

methods and approaches, have been tried and tested over the years, with some being more effective than others. The teaching methods for any language can be subjective as per one's requirements. If you're looking forward to building a career in TEFL, these English teaching methods will prove beneficial in achieving your goal.

1. Grammar-Translation Method

The name itself explains the functionality of the grammar-cum-translation method. The strategy of teaching English in grammar orientation depends on a ton of interpretation. The technique is the conventional or 'old style' method of learning a language. A few nations approach this teaching style. The fundamental thought behind this strategy is that the students become familiar with all grammar rules to translate various sentences easily.

Many teachers recognize this technique as incapable since it does not include the spoken form of the language, and communication skills are ignored. Furthermore, it does not allow the learners to think directly in the target language. Thus, it hinders the creation of a direct link between thoughts and expression. Consequently, this technique doesn't improve the student's communicative ability in the language but only builds strong language writing skills.

2. The Direct Method

The Audio method is also known as the direct method, which involves thinking and speaking in English. Here the communication between the teacher and the student is strictly in English, and the student is barred from using their native language. This way, the student can get a stronghold on the accent and fluency, the frequency of grammatical errors in this would be less.

This method is widely used as it helps the students learn the English language in a way a native English speaker would speak like and not the orthodox textbook way.

The following principles and procedures that guide the natural method are,

- ✓ Teachers and students both use the target language in the classroom.
- ✓ Students tend to have daily sessions on vocabulary and sentences.
- ✓ Grammar is instructed inductively.

3. The Audio-Lingual Method

The audio-lingual method is also recognized as the Army Method. During the first world war, the American Armed forces started escalating oral courses known as the 'Military particular Training Program' (ASTP). Instructive organizations later received it as an audio-lingual method.

- The striking highlights of the audio-lingual method are,
- Language teaching starts with communication; the material is educated before it is offered in composed structure.
- The objective language is the study hall's main language; the student's primary language isn't utilised.
- The teacher is the role model for the student; student-to-student interaction happens in chain drills.

The army method is identified with the natural method. The most significant difference between the audio-lingual method and the natural method is its focal point of teaching. The natural method focuses on the learning of vocabulary, while the audio-lingual practice focuses on communication.

4. Suggestopedia

Suggestopedia is a behaviourist theory developed by Georgi Lozanov, the Bulgarian

psychotherapist in the 1970s. The method involves using the environment, music, decoratives, etc., for learning the language.

It depends a lot on the atmosphere and the physical environmental factors of the class. When teachers prepare to utilize the Suggestopedia method, there's a great deal of craftsmanship and music included. Each suggestopedia exercise is divided into three unique stages:

1. Deciphering, 2. Concert Session, 3. Elaboration

5. The Silent Way

The silent way leans mainly on the student's self-sufficiency. The teacher demonstrates only as a facilitator attempting to urge students to be more efficient in their learning. The fundamental of these lines of teaching is for the teacher to state practically nothing so that students can assume responsibility for their education.

This learning method follows a basic schedule, grammar, vocabulary, and pronunciation continually drilled and reused for support. The teacher assesses their students through their mistakes, and they may never set a conventional test as students are urged to address their language blunders.

6. Total Physical Response

Total Physical Response, also called TPR, is a methodology that follows 'learning by doing'. For example, apprentices will learn English through a series of activities, "Close the door", "Stand up", "Open your book", and "Stroll to the window and open it." With TPR, the most significant aptitude is aural perception, and everything else will be regular.

When it comes to the basic skills of teaching English language, they are completely important to conduct the class effectively. To have an effective classroom, it is crucial to incorporate certain characteristics including engaging classroom presence, value in real-world learning, and exchange of best practices.

Adaptability – Teachers are expected to work in a constantly evolving environment and adjust to the changes involved in the teaching methods. Particularly, with the internet and new technologies, there may be constant changes in the field throughout the career. Adaptability is a key skill required for teachers to educate students on varying levels of teaching.

Embrace technology- technological evolution has played an integral part in accomplishing levels of productivity in terms of teaching. It provides unlimited resources to improve skills. Digital learning tools such as software programs, educational apps, and other devices increase engagement among students.

Dedication- it goes without saying that teaching is a demanding job. However, dedication is instrumental to helping your students succeed. Enthusiasm is infectious, it will keep up your energy levels and prevent you from getting discouraged.

Class management- Organizing activities, conflict resolution, creativity, etc is a part of class management. Developing these skills is crucial for effective teaching. Besides, being consistent in planning various teaching methods will facilitate an engaging classroom environment.

Also, there are many strategies for teaching English learners, they have some principles.

Four Principles of Instruction:

- Increase comprehension: Make meaning clear through visuals, demonstrations, and other means.
- Increase student-to-student interaction: Engage students using English to accomplish academic tasks.

- Increase higher order thinking and the use of learning strategies: Explicitly teach thinking skills and learning strategies to develop English learners as effective, independent learners.
- Make connections to students' background knowledge: Explicitly plan and incorporate ways to engage students in thinking about and drawing for their life experiences and prior knowledge.

In conclusion, the prevalence of social media and the internet has evolved the way of learning English as a whole. It has become crucial for teachers to employ different methods of teaching English to address the needs and interests of the students. Although teaching involves challenges, it is one of the most satisfying jobs ever. Witnessing the growth of learners from beginners to being able to hold a rudimentary conversation is incredibly rewarding. There is no quick fix to becoming fluent in the language, therefore, teachers must employ different methods of teaching English. Although these approaches may not be the best for every classroom, educators can deploy and tailor these methods to suit the needs of the learners.

So, any kind of method is intended to achieve a goal and so he set some goal, to achieve it how to do it, to help you do it requires knowledge of the means by which it is given. In a word, pedagogical based on teacher and student behavior as a result of the method, students gain knowledge, talents and skills to raise their worldview, thinking and spirituality they achieve. It is based on thinking about behaviors related to education analysis is the only method in pedagogy and didactics. "The Great Didactics" by Jan Amos Comenius, by K.D. Ushinski said that such is the case in The Man as a Subject of Education approach can be seen. Everybody should draw attention to the serious conclusions about the educational process based on observations, experiences, facts based on the results of empirical studies.

To sum up, different teaching ways and modern, intensive methods have also contributed considerable energy to the method of teaching foreign languages in general. Especially, it can be vividly seen in teaching language to pupils at school in appropriate way. Achievements of intensive methods in the field of activating the processes of perception and assimilation of the material basis of communication, in opening up its reserves of motivation and in developing adequate forms of collective interaction should as soon as possible become the property of teaching methods at school and university as well, to develop its effectiveness and progress in teaching language.

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