

Effectiveness of Using Pedagogical Technologies in Training Boxers

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ABSTRACT

This article envisages the use of pedagogical technologies in the development of professional skills of physical education and sports specialists in boxing, which is considered one of the main branches of physical education and sports.

The process of developing the fundamentals of professional skills of physical education and sports specialists is a complex socio-psychological situation in which the professional-pedagogical knowledge of the professional is applied to his activities in the sports or educational system and in the place of residence of the population. The process of improving professional skills is manifested in the form of competent physical training, education, independent and responsible actions:

- a) in education - through study and learning;
- b) in physical education - through effective communication and self-education of personal goals and orientation;
- c) through independent realization of creativity in social and scientific activities;
- d) on the basis of the legal implementation that determines the educational and fundamentals of training qualified personnel in the field of bachelor's education and master's specialty.

Today's economic, socio-pedagogical model of education has a great impact on all spheres of life of our production society. The pedagogue teaches educational events in connection with other events and events, the historical development of the society, and the philosophical worldview at that time. Humanity, imagination, knowledge, manners appear in the purposeful educational process - victory. Education itself appears and develops depending on socio-historical conditions and influences. For this reason, the actions of the current educational theory and practice are the

product of a great national idea and national ideology from a philosophical point of view.

In this place, the country of Uzbekistan is showing its merits in the training of qualified specialists in physical education and sports. The issue of social-pedagogical qualification study, analysis and statement of relevant problems of training of specialist personnel in the physical education institute is also considered to be developed.

Therefore, we focused this chapter of our research on this issue. It's no secret that the development of boxers, the connection between their education and training and their physical training is one of the most important problems today, and it causes many discussions. The training of professional boxers, their technical and tactical development is a difficult and complex process, which is realized through many internal and external influences and factors. It is known from the practice of training young boxers that their psychological, pedagogical, and physiological training is inextricably linked with endurance, speed, and tactical conditions. In fact, a person relies on these pedagogical-psychological signs to know the psychological and physiological processes taking place in his brain and body, that is, the processes of intuition, perception, imagination, attention, thinking.

The educational content is indirectly related to the elements of the special process in the educational process and is available in the form of curriculum documents: curriculum, curriculum, textbooks, training manuals. The compilation and specification of curriculum documents is the basis of education, which connects the educational process with pedagogical and methodological theory. The selection of educational content is of particular importance in the conditions of the current staged organization of education, as it is important to create curriculum documents for each individual course (general secondary school, lyceum, college, higher education). Bachelor's and master's degrees of the educational institution) will be prepared separately.

Based on advanced pedagogical experiences, it can be said that the principle of scientificity can be implemented by organizing the improvement of the lesson, using methods suitable for the content of the lesson, and developing the mental activity of students. In this regard, it is very important to develop the skills of teachers to organize teaching activities.

All the knowledge that teachers study is inductive (by describing some or all aspects, parts, features, situations of a scientific event, imagining the real relationships of things and events in the system of educational material, and seeing the first source of this knowledge, or from a single or less general type to a structure consisting of more levels or these types and reaching a general conclusion) or in deductive form (starting from seeing the first source of knowledge and understanding the general conclusion, and later on the scientific event in some or describes all aspects, parts, features, situations, and is able to imagine the real relations of things and events in the educational material system, i.e., moving from general rules to specific types).

The teacher's thorough and in-depth knowledge of this subject, the level of pedagogical and methodical training, his ability to find a system of learning the program material that matches the age capabilities of the students, and the ability to fully and consistently transfer knowledge are the factors that ensure the thorough and systematic acquisition of knowledge by students. Ensures that it is properly absorbed. Acquiring knowledge, systematically understanding it involves the development of students' powers of correct understanding and comprehension, that is, comparison, analysis, generalization, abstraction, thinking, etc. Thus, it is clear that the teaching process in each lesson should be productive of systematicity and consistency. This systematization and consistency leads to a deep understanding of the educational material, to logical thinking, to the correct perception of things, events and situations, to education of attention, memory, imagination, and emotions.

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