

The Role of Moral Values in the Spiritual Development of a Person

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ABSTRACT

Moral and aesthetic qualities of the young generation are formed under the influence of various socio-historical factors and tools. Formation of people's spirituality, in turn, encourages them to expand their worldview and increase their creative abilities. In this article, it is explained that the attention to the values, which include the things and events that are valuable and important for a person, arising from the interests and needs of people, as well as the process of their purposeful formation, is one of the important directions of raising a well-rounded generation.

INTRODUCTION

Every people, nation has its own national and universal priceless treasures on the stage of world culture. Especially among them, values are considered an incomparable treasure. After all, this treasure is characterized by the fact that it is a solid foundation for the aesthetic thinking and spiritual potential of future generations.

We know from the history of philosophy that in all philosophical teachings, the essence of values and their role in the development of society are highly valued. Values are a product of socio-historical development, an important factor of the spiritual maturity of society, and when we describe it, we see that it is a philosophical-sociological concept used to show the universal, universal, social-ethical, cultural-spiritual significance of certain events in reality.

MATERIALS AND METHODS

A deep and comprehensive study of the values established in our society has important scientific and practical importance for a deep understanding of the social and political events taking place in the world today.

Many philosophers have tried to illuminate values within the requirements and possibilities of their time by approaching them from an ontological, epistemological and heuristic point of view, depending on their place in the life and development of society. Values are considered an important factor in knowing the world and changing it practically, and are the product of the spiritual maturity of a person.

Values are formed directly on the ground of human intelligence and arise as a result of practical activities. It can be said that, first of all, the person himself is the highest value. Universal, universal, national values arise as a result of rational thinking and evaluation of people. When we evaluate a

person as a high value, the first quality that elevates him to the quality of a high value is his mind. Through the mind, people understand and know existence, the world, themselves, and the environment. As a result, a person works in nature and society, creates and creates values. We study created values by types. These are:

- ✓ values related to the material environment;
- ✓ moral values manifested in customs and traditions;
- ✓ values manifested in human abilities and talents;
- ✓ values related to gender and racial characteristics of people;
- ✓ national values;
- ✓ moral values, etc

RESULTS AND DISCUSSION

Educating our youth on the basis of a mature, well-rounded and healthy lifestyle in all respects is one of the urgent problems of today. Because today's future is the pride of our great country.

‘In order to increase the knowledge and level of not only people, but also the members of our society as a whole, first of all, knowledge, enlightenment and high spirituality are needed. Where there is no knowledge, there will be backwardness, ignorance and, of course, straying from the right path, says the President of the Republic of Uzbekistan Sh.M. Mirziyev in his address to the Supreme Assembly on January 24, 2020. In fact, only a nation with a highly developed spirituality can find strength in itself for a bright, independent and great future. A people and nation with a developed spirituality appreciates itself, stands tall, is proud of its past, understands its identity, looks to the future with hope, values freedom and independence, and can show selflessness for the development of the Motherland.

‘If they asked me why our national values have been living in chaos for so long, I would have answered that it is primarily because of our holy religion. If the past few generations do not keep the religious faith in their hearts and develop the Islamic philosophy, we would be deprived of a priceless and unique spiritual and spiritual heritage, - says the First President. A spiritually mature person cannot be evil, jealous, or hypocrite, he does not seek to make money, blindly demonstrate his power, and does not look for excuses to harm other people. His only desire is to do good to all beings, to promote and promote the ideals of goodness in a practical way. After all, as Schopenhauer pointed out, it is necessary for a person to give up his will to life, because he needs to limit his physical desires in order to reach spiritual maturity [2]. Ethical values are of primary importance in the education of highly spiritual people. Because only a person decorated with moral standards is capable of great deeds. If we pay attention to our history, we can see that in the works of our great scholars and philosophers, first of all, moral values were put forward in the matter of social management and spiritual and moral education of children. For example, in the promotion of the idea of "Good thoughts, good words and good deeds" put forward in "Avesta", which is one of our oldest historical, religious and philosophical sources, it can be seen how important moral values are for the spiritual perfection of a person and the development of society.

It can be seen from the values listed above that all of them serve the interests of people. A question may arise. Who is the creator of values? Of course he is human. So how does one create values? Naturally, through his mind and activity. So, the conclusion is that the human mind itself is a value. If we value a person as the highest value, we can value his mind as the creator of values as the main value.

It is clear in the history of philosophy that the rational study of values has not always gained a special place. The Russian philosopher P.P. Gaydenko expresses the following opinion about this: "... up to now, the structure of value fulfills the role of the existence of the process of knowledge in the scientific and non-scientific community. From the scientific point of view, values are not always

sufficiently understood and not used to it. [1]

Values are a high stimulus of human behavior and activity, and confirmation of the origin of humanity in the universe [2; 29]. Indeed, the structure and rational aspects of value are not always considered by the general public. When we study values, we always see that they are the product of rational thinking and activity of people. Anything created by man can be of value if it is positive for humanity. It occurs through the rational and purposeful activity of people. Created things are manifested not only in human knowledge, but also in the pursuit of favorable conditions, one or another values and goals, based on every activity of a person.

Past values, masterpieces of science and culture constitute the nation's invaluable cultural heritage. Today, it is one of the most important tasks to scientifically study the foundations of our great culture, the stages of its creation and development, as well as to determine its characteristics.

It is important to know the place and essence of values in the national education system, to believe in them, to be devoted to them, to form a sense of national pride, patriotism, national unity and solidarity in people, including young people, and to perfect the qualities of humanity, honesty, hard work, and moral purity.

All types of values are considered to be a means for a person to live freely, achieve spiritual and moral maturity and lead a prosperous life.

As our country takes bold steps towards independence and reaches great historical milestones, the attention to our values is getting stronger. With the honor of our independence, the way to scientifically study the masterpieces of our cultural and spiritual heritage, which are important for science and art, the life, activities, traditions, thoughts and experiences of our ancestors was opened. It was realized that it is necessary to preserve them and deliver them to the next generation. These heritages, in turn, serve as an important factor in the strengthening of the feelings of patriotism, nationalism, humanitarianism and the formation of artistic and aesthetic education of young people.

In fact, the possession of good manners, intelligence, knowledge, and intelligence make a person highly spiritual. These spiritual and moral qualities serve as the main factor in a person's happy and prosperous marriage. Abu Nasr Farabi also said about this: "Human being is composed in such a way that he needs many things for his existence and to reach the highest level of perfection." He cannot achieve all these things alone and needs some kind of team of people to achieve them. Each member of this team supplies him with whatever he needs. Each member of the society is in the same position in relation to each other. This is why, through the union of many people who help each other, a person can achieve the perfection he seeks'[5]. Therefore, through mutual cooperation and solidarity, people in a community united with each other satisfy not only their material needs, but also their spiritual needs, and as a result, each person and the whole community achieves spiritual maturity.

Abu Nasr Farabi's thoughts are also a theoretical basis that can serve to prove that the enmity, war, and conflicts arising on the basis of belonging to different races, nations, and religions have no historical, social, cultural, and spiritual roots. The real virtue of any society and its distinguishing quality from others is not in the influence of the economic and military power of that society, the nation, but in the achievement of knowledge, human ethics and virtues of the citizens of this society. Abu Nasr Farabi compares a virtuous city-state to a healthy human body. Citizens of a virtuous city-state depend on each other just as all the members of this body are in close contact with each other and help each other to ensure the health and perfection of the body. Each of them has a certain position and performs certain tasks. [6]

It is no exaggeration to say that justice and good moral qualities of the great general and statesman Sahibgiron Amir Temur took the people from his heart and built a strong state system. We can know this from the following opinion of Sahibqiran. "I won over the people with open-mindedness and compassion." I tried to do justice and stay away from oppression'[7]. The grand children of our independence created a convenient opportunity to mention the names of great figures with pride, to celebrate their births as a national celebration, to publish their works in our mother tongue, and to

ensure the spiritual maturity of our people. From this point of view, educating today's new generation on the basis of the high level of spiritual and moral values characteristic of our ancestors should become one of the responsible tasks of all our intellectuals. Because the development of our society depends on the next generation, it is correct to say that educating them in the spirit of good ideas is an important way to achieve our goal.

Spiritual maturity leads to the goodness of the society, the community of people who are interested in survival (livelihood) under the conditions of market relations, build a free society, create new spiritual and moral values and create prospects for development. That is why the German-American psychologist E. Fromm (1900-1980) in his work puts forward the ideas that love frees a person from inner free will, and in this sense, true knowledge is characteristic of free thinking that does not allow any limits and conditioning. Any spiritual, political, social event is repeated over time. However, these repetitions will not be the same as the previous ones, it will develop through certain innovations, new relationships. The historical thinking of a person is determined by certain processes aimed at self-realization, and it is aimed at mastering the experiences of the world from the point of view of necessity. Acquiring and perceiving the unique spiritual and moral values of the cultural heritage created by man is one of such experiences. Already, it is extremely necessary to positively solve this issue in the process of integration, which has assumed the task of determining the life, lifestyle, and activity of a person. High spirituality is an important basis for the development of society. At the same time, there are certain problems in achieving spiritual maturity. The core of such problems is closely related to the process of spiritual and moral crisis that has occurred on a global scale.

Today, mass media, especially some information disseminated through the Internet, instead of encouraging citizens to respect the law, not to encroach on the rights and freedoms of other citizens, instead of disrespecting the laws and moral standards, trying to justify the opposition to law enforcement agencies and other organizations performing their duty. Dissemination of information aimed at glorifying certain criminal persons or groups, their personality, causes harmful habits to appear in the minds of the growing generation, similar to criminal persons, imitating their appearance and lifestyle. Because globalization and man-made civilization serve humanity only if it is organized on the basis of the criteria of achieving spiritual and moral maturity. After all, only highly spiritual people can develop the ultimate foundations of life, determine the motives of their behavior, show that the activity of each of us depends on our relationship with other people. Because the life of every person is structured in such a way that through his spiritual and moral education, on the one hand, he demonstrates his individuality and ensures the freedom of his behavior, and on the other hand, he directs his thoughts and desires to do good to other people. Such life traditions form the meaning of life of people with high spirituality.

CONCLUSION

Values help a person, especially young people, to understand the meaning of life more deeply, to use the rules of society correctly, and to set good goals and ideals.

In conclusion, it can be said that the implementation of innovations in all spheres of society is determined by people's attitude to values. After all, spiritual wealth and values are the priceless treasure and development factor of the state, society and every person.

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