

A Healthy Child is a Guarantee of Family Joy and a Country Prospect

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ABSTRACT

This article covers the need to limit our parents to falling into such a whirlwind of disaster from being in a well with their relatives as much as possible so that disabled people are not born. Because our children are our trusted mountain, our support, our dreams hope, our happiness, the continuation of our life.

When there is a creature in this bright world, it all grieves for its child, even carries grain in its mouth, delivers it to the protected world. The human child, created as the greatest, most important among the whole being, devotes all his life, if necessary, to his happiness, to his future. It is necessary to find little in this regard that it reaches our nation –the Uzbek people. To have children, to make it great unharmed, to see happiness is the most cherished dream for our people, the supreme happiness.

When we call the family a beautiful garden and a garden, the children are compared to its crimson fruits. The eye rejoices when it sees a fair garden and ripe bounties. Baxri your tongue will open. A healthy family is a solid foundation of society. From the point of view of spirituality, health, we can say that the family is the main means of keeping the human race clean, ensuring honor and humanity. At the base of the family bond is affection. When we make a family look like a giant tree, its energetic body and Root are the father and mother. The branches of such a tree will also be healthy and showy. Since the root and body are paternal, such a healthy body and necessarily healthy branches from the root, that is, healthy children, are born. But the surrounding, abiotic factors, as long as there are various disasters, do not allow even a small impact on the tree. Many external negative factors, the decisions of adults in this family, that is, as a result of the mutual presence of brothers, sisters in quda-an, such situations dry out a whole root.

Amir temur mutafakir great grandfather of the bride, we have noted that the choice of the function with the state put equal. It is important to put your family in the right place so as not to miss happiness in the future, not to put effort on those around you and on yourself. After all, society is strong unless the family is strong, society is peaceful unless the family is peaceful. Great Russian writer L.N.Tolstoy began his novel "Anna Karenina" like this: "all happy families are like each other, but each unhappy family is unhappy in its own way." Even if this idea is

eloquent to families with healthy or sick children. Because every family that is genetically ill is unusually unhappy. Every man will leave himself a healthy offspring.

Currently, it is observed that some seek to be in quda-an with close relatives. The reason for this is shown to be the further strengthening of the kinship and the protection of the molmulk from passing into the hands of strangers. But scientists from the medical world note that there are many negative consequences of starting a family with close relatives. Its main reason is the exacerbation of various hereditary diseases. Its prevention is of great importance. The main thing is that the blood is renewed.

After all, scientists say that due to the marriage of close relatives, it turns out that about eighty diseases can be caused. In particular, placental hematoma, an increase in iron content, a sharp decrease in weight, which is observed in the occurrence of adverse conditions in significant growth or physical development. American geneticists note that hereditary diseases and birth defects in marriage between close relatives increase sharply when starting a family due to the fact that the number is one. And when strangers start a family, a strong gene overcomes a weak gene. That is, if he has a strong immune system, he will be able to resist that disease on the other side.

There will be many cases of babies born from a marriage of close relatives, such as being born dead or immature. The death of children born as a result of a relative marriage with various diseases is more than 3% more than in normal marriages. With severe diseases, the pain will be more than 1.6%. In recent years, it has been noted that the physical growth of our children, born due to acceleration, is stagnant and energetic, being taller than their parents. But sometimes, on the contrary, it is also noted that children are 0.6 cm lower than their middle height, and their weight is 0.3 kg less than the middle weight. Mental retardation is also more common in such children. An example was the marriage of a healthy son of a healthy sister of a sister in an observable family. In this family, 3 daughters are born, 2 sons. Of the five children, 2 are born with microcephaly (the brain of the head is very small). They develop a seizure disease. One of these children died at the age of 1 and the other at the age of 3 for some reason. Both are signs that the same disease is hereditary.

No matter how unpleasant it may be to speak, there is a feeling that family peace, peace of mind are broken and the situation is even going to make ends meet due to problems and worries caused by the birth of an unhealthy, defective child. Screening centers are functioning in order to prevent such situations in our society –to control the birth of healthy children in the family.

According to the Ministry of health of the Republic, at present, the cases of creating a family among relatives in cities reach ten benefits, in rural areas-twenty-five benefits. In order to prevent such disappointing events, to make our younger generations grow healthy and happy, medical and genetic counseling centers are currently working on screening centers in large hospitals. However, despite the extensive promotion of reproductive health in our country, it is still common for relatives to be in quda-an.

The effort to nurture a healthy generation that causes infinite attention to the owners of Tomorrow by the Bugan state is beginning before it comes into the world. Therefore, according to the resolution of the Cabinet of Ministers of the Republic of Uzbekistan dated August 25, 2003 No. 365 “on approval of the regulation on medical examination of married persons”, each bride and groom must undergo a medical examination before the wedding. It was the denial of marriage between relatives that created extensive conditions for the birth of healthy offspring. The main goal of the screening center, which has been operating since 2005, is that an early examination has been established in pregnant women, and the birth of a disabled child has decreased by 1.7 times due to the fact that the problematic fetus is stopped in time.

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