

METHODS FOR STUDYING THE PSYCHOLOGICAL CHARACTERISTICS OF SERGEANTS OF THE MINISTRY OF DEFENSE

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Abstract

This article describes the methods for studying the psychological characteristics of sergeants serving in the system of the Ministry of Defense of the Republic of Uzbekistan. A special place is occupied by the fact that military service is fundamentally different from other work activities, this service process is associated with increased risk and stressful situations. For this reason, the study of the psychological characteristics of sergeants undergoing military service under a contract makes it possible to find the right way out of non-standard situations that arise when they perform combat missions. Service activities of servicemen directly depend on their moral and psychological state. The program for studying the psychological characteristics of a serviceman presented in the article serves to more broadly determine the psychological characteristics of each serviceman in a military team.

Keywords: Military team, military service, skill, competence, ability, opinion, organization, special abilities.

Introduction: The strength of the modern army is not only weapons and military equipment, the morale and fighting spirit of servicemen serving on a contract basis in the ranks of the Armed Forces. As part of the Armed Forces of the Republic of Uzbekistan, the service is organized on a contract basis. Special attention is paid to the training of troops and the staffing of the army with professionally trained military personnel. The very fact of paying special attention to this process at the level of state policy suggests that this process is one of the topical issues of the state's defense capability. The training of sergeants for the Armed Forces with modern knowledge is carried out at the Sergeant Training Center of the Republic of Uzbekistan. Preparation for combat missions is one of the processes associated with the moral and spiritual side of military personnel. The study of the psychological characteristics of military personnel of a military team serves as the basis for their preparation for the unconditional fulfillment of combat missions. Active psychologists in units and formations work with sergeants in military service, identify mentally unstable military personnel and carry out certain work to develop the necessary immunity in them. In a word, they prevent external negative effects of various kinds of psychological situations.

A comprehensive study of the psychology of sergeants requires a systematic program that includes all aspects related to the study of its age and individual psychological characteristics. Let us give an exemplary program for studying the psychological characteristics of a serviceman.

Service life experience:

At this stage, the family, place of birth is being studied. Place of residence of parents (city or village). Family composition, type of activity of each family member (occupation, place of work or study). The relationship of parents to each other and to their children. Are parents regularly involved in raising children? Who was most influenced by family members in childhood (moral and psychological situation in the family). Married or single, do you have children? Educational process at school, college,

university. What school did you attend (urban, rural, away from home, by profession). Success in studies. What subjects did he like? Who was your favorite teacher and why? What did you do in your free time (at school, at home, on the street), with whom did you make friends, what clubs did you join. What books did he read? Who aspired to be. What social work did he do at school, educational institution.

Employment before conscription

Where and for how long did he work (plant, factory, private enterprise)? What is his profession? Did he like his job? Why did he choose this profession? What did he do in his free time? Who did you make friends with? Does he communicate with his friends? Did he take part in the work of youth organizations?

Conclusions: The influence of the family, school and work collective on the formation of the personality of a serviceman: what can be positive and what can be negative? Factors influencing the appearance of some psychological characteristics in the personality of a sergeant.

The physical condition and features of the physical development of sergeants. Physical development. General physical development (good, average, weak). Fitness level (fit or not, how they cope with physical stress during field training). Does he love sports? What sport is he into? For what purpose do they play sports (participation in competitions or for other purposes).

Health. Does he often get sick? What is he complaining about? How does his health affect his mood and service? The level of physical fitness, the ability of the body to resist infectious diseases. What measures are taken to improve his health.

Conclusions: The main characteristics of the physical development of a serviceman, his health and its impact on the personality and service of a serviceman.

Orientation of personality and motives of behavior of a serviceman

Social and personal goals of a serviceman. What did he believe in his personal life? What is the attitude towards philosophical and socio-political literature. What goals does a soldier set for himself during his service: does he strive to achieve high results in the service, masters mixed specialties. What motives prevail in the pursuit of success - personal or social motives. How the unit perceives command requirements. Does he actively defend the interests of the military collective?

How actively participates in the public life of the military collective:

Does he see his shortcomings? Does he educate himself? Can he notice the shortcomings of his colleagues? How does he treat violators of military discipline. Can criticize them or not. What will you do after you finish your service?

Interests of sergeants: Whether he strives for spiritual enrichment or not. What does he do in his free time? Whether he reads literature, plays sports or spends time in idleness. What books and films are he interested in. What habits does he have: bad (smoking, drinking, chatting, disobeying orders) or positive he follows orders on time, plays sports regularly, etc. Worldview beliefs of sergeants, their interests, habits, moral standards. What qualities should be formed and developed in them.

Temperament and emotional characteristics of a soldier.

Features of the temperament of military personnel. Does he get tired quickly in training? Will he be able to quickly restore his physical and mental strength after day and night training. How to adapt to new conditions (quickly or slowly) How to behave in dangerous situations. Can he carry out his mental activity with sufficient accuracy in the presence of external destructive factors. Shy or vice versa. Expresses or hides inner feelings. Quirky or otherwise. temperament stability. Is there stability in actions, speech and emotions. Does he show restraint when he has to wait for something important. Whether the workflow can be executed smoothly or not. What mood prevails in him: restrained or fast, whether he knows how to control himself when communicating with others.

Mobility of temperament.

Is it easy or difficult to move from one activity to another, from an idea to its practical implementation? How long will old skills affect when learning a new profession. Shows initiative or is used to a monotonous workflow? Whether habits and skills are quickly formed in it or not.

Overall score. Sanguine temperament: a strong, stable and mobile type of higher nervous activity prevails.

Choleric temperament: a strong, unstable and active type of higher nervous activity prevails.

Phlegmatic temperament: a strong, stable and inactive (inert) type of higher nervous activity prevails.

Melancholic temperament: a weak unstable and less active type of higher nervous activity prevails.

The emotional characteristics of a serviceman depend on his temperament: mood (purposefulness, joy, depression, sadness, boredom, indifference);

attitude to pleasant and unpleasant things in the service and life;

strength, depth and duration of emotional experiences.

Conclusions: features of temperament and emotional experiences of servicemen. What should be taken into account when working with military personnel individually. The character and moral qualities of a soldier. The attitude of a soldier to the outside world and his views on society.

This section takes into account patriotism, faith, devotion to military duty, devotion to the interests of the people and the state, internationalism, hatred of enemies, conscientiousness, adherence to principles, ability to work in a team, striving for a goal, heroic courage, a sense of responsibility.

The attitude of a serviceman to work is his attitude to military service, discipline, stability, purposefulness, independence. Does he strive to master the methods of using military equipment and weapons;

Active participation in all combat training classes;

Can he organize his activities efficiently enough?

The relationship of a soldier with commanders, comrades and other people.

He is affectionate, sociable, has many or few friends, may criticize his comrades in their presence or criticize them only for the sake of others. How does he react to the criticism of his friends. Will he openly express his thoughts and feelings to his comrades and commanders, or will he keep them a secret.

Whether he seeks to help his friends or not. How he behaves in front of his commanders. Soldier self-esteem. Does he put his personal interests above the interests of society. He considers whether he is engaged in self-education, what qualities should be formed in himself. Are you often dissatisfied with yourself? Strives to achieve high results in service, combat and socio-political training. He overestimates or underestimates his abilities. Does he take his health seriously?

Conclusions: Whether the soldier believes in the idea or not. Volitional or not. Kind-hearted or not. The level of his intellectual abilities. military skill level.

General abilities

Abilities are not revealed enough. A serviceman hardly overcomes the problems of study and service, gains military experience only with the active support of others.

Abilities are revealed. Can solve problems of service and study. Achieves "satisfactory" and "good" results in service, combat and socio-political training. Fulfills the requirements of the specialty on time, but with difficulty. Has good skills. A serviceman achieves "good" and "excellent" results in service, combat and socio-political training.

Fulfills the basic requirements of the specialty ahead of time. High skill level. A soldier can only study "excellent". Easily learns mixed specialties. He achieves great success in sports, artistic hobbies, art and other activities.

Conclusions: On the basis of this program, it is possible to study and determine the personal qualities, character, level of tolerance for stressful situations of the sergeants. Forming a psychological portrait of sergeants, commanders of military units and their deputies for educational work, as well as psychologists of units, can systematically mobilize them to perform combat missions.

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