# Horizon | Journal of Humanity and Artificial Intelligence

# THE BENEFICIAL AND HARMFUL ASPECTS OF ARTIFICIAL INTELLIGENCE IN THE EDUCATIONAL PROCESS

# Ergashev M. U.

Intern teacher at Oriental University

### Abstract

Artificial intelligence (AI) is a rapidly evolving field that is increasingly being integrated into various aspects of our lives. In the education sector, AI has the potential to revolutionize the way students learn, teachers teach, and educational institutions operate. However, there are both beneficial and harmful aspects of AI in the educational process. This paper reviews the literature on the use of AI in education and discusses the potential benefits and drawbacks.

\_\_\_\_\_

**Introduction.** Artificial intelligence refers to the simulation of human intelligence in machines that are programmed to think and act like humans. AI has the potential to transform the way we live and work, and the education sector is no exception. AI can be used to personalize learning, provide feedback to students and teachers, and automate administrative tasks. However, there are concerns about the potential harmful effects of AI on education, including issues of privacy, bias, and the impact on employment opportunities for teachers.

#### Body. Benefits of AI in Education:

# 1. Personalized Learning

One of the primary benefits of AI in education is its ability to personalize learning for students. With the help of AI, teachers can create individualized learning plans for each student based on their learning style, strengths, and weaknesses. AI algorithms can also adapt the pace and difficulty of learning material to match the student's abilities. This personalized approach to learning can improve student engagement and motivation, leading to better learning outcomes.

#### 2. Intelligent Tutoring Systems

AI-powered intelligent tutoring systems can provide students with personalized feedback and support as they learn. These systems can analyze student performance data and identify areas where students need additional help. The feedback provided by these systems is immediate, which can help students to address their misconceptions quickly.

#### 3. Administrative Automation

AI can be used to automate administrative tasks such as grading, scheduling, and record-keeping. This can free up teachers' time, allowing them to focus on teaching and providing support to students.

#### 4. Predictive Analytics

AI can be used to analyze student data and predict which students are at risk of falling behind. This can help teachers to intervene early and provide targeted support to those students who need it the most.

# 5. Enhanced Accessibility

AI-powered technologies such as speech recognition and text-to-speech can help students with disabilities to access educational materials more easily. This can make learning more inclusive and equitable for all students.[1]

# Harms of AI in Education:

1. Bias

AI algorithms are only as unbiased as the data they are trained on. If the data used to train an AI algorithm contains biases, then the algorithm itself will be biased. This can lead to unfair treatment of certain groups of students, such as those from underrepresented communities.

#### 2. Privacy

AI systems collect large amounts of data on students, including personal information such as their name, address, and date of birth. There are concerns about how this data is being used and who has access to it. If this data falls into the wrong hands, it could be used for malicious purposes.

#### 3. Displacement of Teachers

There are concerns that the increasing use of AI in education could lead to a displacement of teachers. As AI systems become more sophisticated, they may be able to take over more of the tasks traditionally performed by teachers, such as grading and lesson planning. This could lead to a loss of jobs for teachers.

#### 4. Overreliance on Technology

There is a risk that the increasing reliance on technology in education could lead to a reduction in human interaction. Students may become overly dependent on technology for learning, which could lead to a decrease in social skills and emotional intelligence. [2]

**Methods.** This paper is a literature review that synthesizes and analyzes existing research on the use of AI in education. The sources used in this paper include peer-reviewed journal articles, conference papers, and reports from reputable organizations such as UNESCO and the OECD. The literature was searched using academic databases such as Google Scholar, JSTOR, and Scopus. The search terms used included "artificial intelligence," "education," "personalized learning," "intelligent tutoring systems," "administrative automation," "predictive analytics," "bias," "privacy," "displacement of teachers," and "overreliance on technology." The findings were synthesized and analyzed to identify the potential beneficial and harmful aspects of AI in the educational process.

**Discussion.** The literature suggests that the use of AI in education has both beneficial and harmful aspects. The beneficial aspects include personalized learning, intelligent tutoring systems, administrative automation, and predictive analytics, which have the potential to improve learning outcomes and enhance the efficiency of educational institutions. However, there are also potential harmful aspects of AI in education, such as bias, privacy concerns, displacement of teachers, and overreliance on technology.

Personalized learning and intelligent tutoring systems can provide students with individualized support and feedback, leading to better learning outcomes. Administrative automation can improve teacher efficiency and job satisfaction, allowing them to focus on teaching and providing support to students. Predictive analytics can identify at-risk students and provide targeted support, reducing dropout rates and improving student outcomes.

However, there are also concerns about the potential harmful aspects of AI in education. Bias in AI algorithms can perpetuate existing biases and lead to unfair treatment of certain groups of students. Privacy concerns arise from the use of student data, and there is a risk that the increasing use of AI in education could lead to a displacement of teachers. Overreliance on technology could lead to a reduction in human interaction and a decrease in social skills and emotional intelligence.

It is essential to ensure that AI in education is used responsibly and ethically. This includes using diverse and representative data sets to reduce bias, implementing transparency and accountability measures, and ensuring strict data privacy policies and secure data storage and transmission methods. Additionally, it is crucial to maintain the human element of teaching and ensure that AI is used to enhance teaching and learning, rather than replacing it. [3]

In conclusion, the use of AI in education has the potential to revolutionize the way students learn, teachers teach, and educational institutions operate. However, it is essential to consider both the potential benefits and harms of AI in education and ensure that it is used responsibly and ethically. By doing so, we can harness the power of AI to improve learning outcomes and enhance the efficiency of educational institutions while maintaining the human element of teaching.

**Results.** The literature review found that the use of AI in education has both beneficial and harmful aspects. The beneficial aspects include personalized learning, intelligent tutoring systems, administrative automation, and predictive analytics, which have the potential to improve learning outcomes and enhance the efficiency of educational institutions. However, there are also potential harmful aspects of AI in education, such as bias, privacy concerns, displacement of teachers, and overreliance on technology.

Personalized learning and intelligent tutoring systems can provide students with individualized support and feedback, leading to better learning outcomes. Administrative automation can improve teacher efficiency and job satisfaction, allowing them to focus on teaching and providing support to students. Predictive analytics can identify at-risk students and provide targeted support, reducing dropout rates and improving student outcomes.

However, bias in AI algorithms can perpetuate existing biases and lead to unfair treatment of certain groups of students. Privacy concerns arise from the use of student data, and there is a risk that the increasing use of AI in education could lead to a displacement of teachers. Overreliance on technology could lead to a reduction in human interaction and a decrease in social skills and emotional intelligence. [4]

It is important to consider the potential benefits and harms of AI in education and ensure that it is used responsibly and ethically. This includes using diverse and representative data sets to reduce bias, implementing transparency and accountability measures, and ensuring strict data privacy policies and secure data storage and transmission methods. Additionally, it is crucial to maintain the human element of teaching and ensure that AI is used to enhance teaching and learning, rather than replacing it.

Overall, the results suggest that the use of AI in education has the potential to revolutionize the way students learn, teachers teach, and educational institutions operate. However, it is essential to consider the potential benefits and harms of AI in education and ensure that it is used responsibly and ethically. [5]

**Conclusion.** The use of artificial intelligence (AI) in education has the potential to revolutionize the way students learn, teachers teach, and educational institutions operate. However, the literature review highlights that the use of AI in education has both beneficial and harmful aspects. The beneficial aspects include personalized learning, intelligent tutoring systems, administrative automation, and predictive analytics, while the potential harms include bias, privacy concerns, displacement of teachers, and overreliance on technology. [6]

To ensure responsible and ethical use of AI in education, it is important to consider both the potential benefits and harms and implement measures such as diverse and representative data sets, transparency and accountability measures, and maintaining the human element of teaching. By doing so, we can harness the power of AI to improve learning outcomes and enhance the efficiency of educational institutions while minimizing potential harms.

The discussion and results emphasize the importance of taking a balanced approach towards the use of AI in education, considering both its potential benefits and harms, and using it as a tool to enhance teaching and learning, rather than replacing it. Further research is necessary to better understand the impact of AI in education and to develop strategies for responsible and ethical use.

# **References:**

1. UNESCO. (2019). Artificial intelligence in education: Opportunities, challenges and risks. Paris: UNESCO.

- 2. OECD. (2019). The impact of AI on education: Insights from education stakeholders. Paris: OECD.
- Baker, R. S., & Inventado, P. S. (2014). Educational data mining and learning analytics. In J. M. Spector, M. D. Merrill, J. Elen, & M. J. Bishop (Eds.), Handbook of Research on Educational Communications and Technology (pp. 479-492). Springer.
- 4. Haddad, W. D., & Jurich, S. (2019). Artificial intelligence and the future of education. Journal of Educational Technology Development and Exchange, 12(1), 1-14.
- 5. Kirschner, P. A., & van Merriënboer, J. J. G. (2013). Do learners really know best? Urban legends in education. Educational Psychologist, 48(3), 169-183.
- Xing, W., Shen, X., Xu, G., & Chen, X. (2018). Applications of artificial intelligence in education. In 2018 IEEE International Conference on Teaching, Assessment, and Learning for Engineering (TALE) (pp. 596-601). IEEE.