

ISSUES OF USE OF FICTION IN PROTECTING YOUTH FROM SPIRITUAL THREATS SPIRITUALITY OF YOUTH

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Abstract

In this article, in the conditions of ideological and ideological struggles in today's information field, the need for protection from informational and psychological attacks and how to achieve it, the role of artistic literature in educating a deep-thinking, intellectual generation that understands its own identity in resisting spiritual threats is highlighted, the issue of strengthening reading in building an enlightened society is highlighted.

Keywords. Information field, information-psychological situation, fiction, propaganda, reading.

INTRODUCTION

In today's globalized world, a complex informational and psychological situation is emerging. In this sense, our people are also facing a situation where information pressure has increased to an unprecedented level. The issue of moral threats emerging as the main weapon of struggle in the information field and protection against them is becoming more urgent. In this situation, it is natural for everyone to think about whether there is a possibility to protect against information attacks and how to achieve it.

Information society is one of the most important factors of development today. It is difficult to imagine modern development without it, and without the opportunities it creates, our life. As it is said that there are two sides of a coin, information security has become one of the pressing problems of today. The fact that more than half of the population of our country is made up of young people, their curiosity, instability and other psychological characteristics make it necessary to take a very serious look at the issue. First of all, young people learn to use information and communication technologies from a young age more easily than adults. Secondly, the presence of social problems, especially unemployment, among unorganized youth makes them more vulnerable to virtual risks.

The role of the book in the formation of a person as a person is extremely large. Taking into account that in today's modern world, human intelligence is the main criterion, it is important to strengthen the love of books among young people. In this sense, the works being done by President Sh. Mirziyoyev in the field of book promotion and development of reading in our country are extremely reasonable and important [1].

Fiction and books are the main tools for enlightening the society and saving people from ignorance. "Enlightenment is a person's exit from the state of youth that he remains through his own fault. Minority is the inability to use one's own mind and thoughts without the guidance of someone from outside. Immaturity through one's own fault is not a lack of intelligence, but a lack of determination and courage, and the inability to use the mind without someone's help. Sapere aude! Dare to use your mind! - this is the slogan of enlightenment [2].

Fiction helps a person to understand the universe in an artistic aesthetic way, the power of the word, the influence of the word helps to evolve in the human thinking, and to expand the worldview. The role of fiction in protecting young people from information and psychological attacks is shown in the

following:

- ✓ firstly, fiction helps to expand a person's outlook, reasoning, and vocabulary from a young age;
- ✓ secondly, fiction gradually forms the primacy of the ideas of humanity, glorification of man, humanity in a person;
- ✓ thirdly, fiction inculcates respect for national values, glorification of the motherland, in a word, patriotism among young people;
- ✓ fourthly, it teaches a person to define a life position, not to be indifferent to the surrounding events, to have an independent opinion.

From a young age, it is necessary to develop the ability to regularly read fairy tales, then stories, short stories and novels.

It is true that reading a book today takes a lot of time in a certain sense in a fast-paced age. But our young people spend a lot of time on computers, televisions, telephones and other devices without it. Arousing enthusiasm for fiction in young people:

- first of all, the role of literature classes in school is important, for this we should pay attention to raising the level of literature classes and educating mature literature teachers;
- secondly, to get parents to read literary works, when the parents themselves read books at home, of course, the child reads books too. Every parent should have a library in their home, even if it is just a small one;
- thirdly, it is necessary to establish a system that will ensure that the art publications published today reach the remote areas of our country. Because the new books are not moving from the center beyond the regional or district center;
- fourthly, since the price of published books is high and not everyone has the opportunity to buy books, it is advisable to establish a regular library system and establish libraries with sufficient funds in each region;
- fifth, preparation of electronic versions of fiction literature, increasing the interest of young people in books through these electronic resources;
- sixthly, the emergence of market literature in reading today reduces the artistic taste and artistic approach. The presence of publishing works of low artistic quality, the lack of experience in choosing books among some young people, makes it necessary to strengthen the promotion of good books and real literature.

During the next two and a half years, the process of intensive reforms is taking place in our country. Attracting foreign investments to the economy, creating an active business environment is of great importance. In this sense, advanced initiatives on book reading and book promotion in our country are also being promoted. These include:

- to start paper production in our country in order to make books cheaper;
- giving incentives to entrepreneurs engaged in book sales;
- organization of libraries in the territory of each neighborhood;
- It is necessary to further develop the traditions of "nazm and navo" in contests such as "The best book of the year", "The bookish family", "The best children's book", "The best book reader" and various cultural and educational events. In other words, creating a wide opportunity for the participation of poets, writers, dramatists and screenwriters among artists in such conferences will have good results;
- parents should regularly take their children to bookstores, encourage them to attend the library, encourage the establishment of family and private libraries, and widely promote the tradition of giving books as gifts among the population.

Also, the role of fiction and reading books in the life of young people in their personality formation is reflected in the following:

1. Books expand the knowledge and intelligence of students. They reveal different concepts and present many ideas of world culture. Reading books introduces young people to different societies and civilizations in the world. By reading books, young people can learn about the past, present and future and solve many problems. The worldview expands, creativity increases.

2. Many young people forget what they learned last night, but reading helps improve students' memory. When young people read books, they create images of events and characters in the book, and they can remember what they read. Thus, if students read regularly, their visual memory will be activated and it will help them remember things quickly.

3. Reading books can be enough stress reliever for youngsters. When young people read books, they don't feel stressed, and books transport them to the world of imagination. Reading books inspires students and motivates them to change their lives, and they get a positive energy charge.

4. If young people want to improve their vocabulary, then reading books is the fastest way for them. When students read a variety of books on different topics, they can learn more new words, which not only helps to change their vocabulary, but also increases their awareness of different topics.

5. The interest of the youth in life increases and it also helps them to improve their academic performance and learn more in a very short time. When young people feel stress-free, they can focus on their studies without any distractions and have a better chance of getting a good grade.

6. Books can also improve the language skills of students. By reading various books, young people will have the opportunity to communicate with people in other languages. It is very useful for young people when they go to study abroad. If young people know different languages, they can make new friends and communicate easily with their teachers.

7. Books improve the student's thinking ability and find solutions to problems. Reading books prepares young people for different situations. Books educate students to be humble and soften their hearts, increase their confidence in life. Reading improves students' imagination and creativity and strengthens positive thinking.

In conclusion, it can be said that the outlook, knowledge, and attitude of young people to the events around them are important factors in determining our tomorrow, our future, and books and reading play a leading role in this. After all, no one can lead the reading public off the path.

An important factor that determines the meaning of a person's life, making him educated, educated, professional, and certainly happy and not less, is to be familiar with books, to always read books and make reading books a lifelong habit, a part of his life. In particular, the book has a special place in the development of society, human capital, human thinking, intellectual development. Because a good book helps a person to develop both intellectually and morally, to be formed as a unique person, and to feed the world with a different perspective.

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